

BAYLANDS EQUESTRIAN CENTRE**DRESSAGE LEVEL 1****Rider:****Horse:**

1	A	Enter in working trot and proceed down the centre line without halting	10	
2	C	Turn right	10	
3	A	Serpentine 3 loops, each loop to go to the side of the arena finishing at C on the right rein	10	
4	M B BAE	Working trot right Circle right 20 metres diameter Working trot	10	
5	E	Working trot	10	
6	C	Circle 10 metres	10	
7	C	Halt for count of three return to working trot	10	
8	MK	Change rein in working trot	10	
9	A	Serpentine 3 loops, each loop to go to the side of the arena finishing at C on the left rein	10	
10	H E EAB	Working trot left Circle left 20 metres diameter Working trot	10	
11	B	Working trot	10	
12	C	Circle 10 metres	10	
13	C HXF	Medium walk Change rein in a free walk on a long rein	10	
14	A X	Working trot down centre line Halt. Immobility. Salute	10	

Leave the arena in a free walk on a long rein at C

COLLECTIVE MARKS

15	Paces (freedom and regularity)	10 x 2	
16	Impulsion (desire to move forward, elasticity of steps, suppleness of back and engagement of hindquarters)	10	
17	Submission (attention and confidence, harmony, lightness and ease of movements, acceptance of the bridle)	10	
18	Riders position and seat: correctness and effect of the aids	10 x 2	

To 200**Notes:**
